



Bless the Lord, O my soul,
And all that is within me, bless His
holy name.

Bless the Lord, O my soul,
And forget none of His benefits;
Who pardons all your iniquities,
Who heals all your diseases;
Who redeems your life from the pit,
Who crowns you with lovingkindness
and compassion;
Who satisfies your years with good
things, So that your youth is renewed
like the eagle.

Psalm 103:1-5

